



Sprints & More 2016

CNDIE - Diekirch (25m) - Dimanche 13 Novembre 2016

DEFRAINE Quentin

ESN/001391 15 ans

2	50m Nage Libre	00:29,70 ^{25m}	00:28,93	12	
10	1500m Nage Libre	19:01,27 ^{25m}	18:03,72	3	00:33,51 (50m) - 01:09,49 (100m) - 01:45,60 (150m) - 02:21,79 (200m) - 02:58,13 (250m) - 03:34,57 (300m) - 04:11,26 (350m) - 04:47,91 (400m) - 05:25,00 (450m) - 06:02,00 (500m) - 06:38,36 (550m) - 07:14,87 (600m) - 07:51,44 (650m) - 08:27,89 (700m) - 09:04,40 (750m) Gardon 15 ans/Gardon 16 ans
17	50m Dos	00:35,47 ^{25m}	00:34,31	16	
21	50m Brasse	00:40,50 ^{25m}	00:39,03	13	
25	50m Papillon	00:32,45 ^{25m}	00:32,75	12	

DETHIER Emerick

ESN/003315 14 ans

2	50m Nage Libre	00:27,91 ^{25m}	00:27,83	6	
10	1500m Nage Libre	59:59,99 ^{25m}	18:28,24	4	00:32,52 (50m) - 01:08,39 (100m) - 01:45,55 (150m) - 02:23,61 (200m) - 03:00,76 (250m) - 03:37,36 (300m) - 04:15,02 (350m) - 04:53,22 (400m) - 05:30,45 (450m) - 06:07,83 (500m) - 06:45,09 (550m) - 07:23,38 (600m) - 08:00,70 (650m) - 08:38,71 (700m) - 09:16,98 (750m)
17	50m Dos	00:36,24 ^{25m}	00:33,95	14	
21	50m Brasse	00:43,68 ^{25m}	00:42,40	20	
25	50m Papillon	00:33,75 ^{25m}	00:30,82	7	

LAERMANS Emma

ESN/003560 12 ans

2	50m Nage Libre	00:31,89 ^{25m}	00:31,81	3	
8	800m Nage Libre	59:59,99 ^{25m}	10:35,12	6	00:37,67 (50m) - 01:18,15 (100m) - 01:58,67 (150m) - 02:39,63 (200m) - 03:20,47 (250m) - 04:01,02 (300m) - 04:41,63 (350m) - 05:22,16 (400m) - 06:01,62 (450m) - 06:40,79 (500m) - 07:20,45 (550m) - 07:59,83 (600m) - 08:39,99 (650m) - 09:19,44 (700m) - 09:58,08 (750m)
17	50m Dos	59:59,99 ^{25m}	00:36,15	3	
21	50m Brasse	00:39,40 ^{25m}	00:39,81	3	
25	50m Papillon	00:39,20 ^{25m}	00:35,36	4	