

Championnats de District 2017  
Seraing, 25- - 26-11-2017Epreuve 4  
25-11-17 - 9:50

## Messieurs, 400m 4 nages

11 ans et plus  
Liste résultats

11 ans Ben: 7:32.78 / 12 ans Ben: 6:55.85 / 13 ans Min: 6:31.92 / 14 ans Min: 6:16.14 / 15 ans Cad: 6:02.33 / 16 ans Cad: 5:50.39 / Jun: 5:41.13; 19 +: 5:20.51

Points: FINA 2014

Rang			AN				Temps				Pts
Benjamins											
1.	CROMBEL Jean		06	PERRON			<b>6:11.80</b>				282
	50m:	39.91 39.91	150m:	2:14.32	48.31	250m:	3:55.70	51.93	350m:	5:32.23	42.30
	100m:	1:26.01 46.10	200m:	3:03.77	49.45	300m:	4:49.93	54.23	400m:	6:11.80	39.57
Benjamins											
1.	COURBOIS Thomas		05	ENW			<b>5:19.74</b>				443
	50m:	34.70 34.70	150m:	1:54.23	40.76	250m:	3:21.03	46.64	350m:	4:44.25	36.30
	100m:	1:13.47 38.77	200m:	2:34.39	40.16	300m:	4:07.95	46.92	400m:	5:19.74	35.49
2.	CAISSE Arthur		05	FLIPP			<b>6:51.15</b>				208
	50m:	46.45 46.45	150m:	2:30.29	48.13	250m:	4:17.39	57.41	350m:	6:05.96	48.43
	100m:	1:42.16 55.71	200m:	3:19.98	49.69	300m:	5:17.53	1:00.14	400m:	6:51.15	45.19
Minimes											
1.	DANTHINE Zacharie		04	CNA			<b>5:32.46</b>				394
	50m:	37.02 37.02	150m:	2:03.31	42.12	250m:	3:32.40	48.74	350m:	4:57.14	37.62
	100m:	1:21.19 44.17	200m:	2:43.66	40.35	300m:	4:19.52	47.12	400m:	5:32.46	35.32
2.	RENARD Enzo		04	CNA			<b>5:59.19</b>				312
	50m:	37.01 37.01	150m:	2:09.78	42.00	250m:	3:45.75	53.05	350m:	5:18.37	41.23
	100m:	1:27.78 50.77	200m:	2:52.70	42.92	300m:	4:37.14	51.39	400m:	5:59.19	40.82
3.	HENRI Alix		04	Vn			<b>6:04.21</b>				300
	50m:	40.33 40.33	150m:	2:12.11	44.88	250m:	3:49.43	52.90	350m:	5:24.63	40.38
	100m:	1:27.23 46.90	200m:	2:56.53	44.42	300m:	4:44.25	54.82	400m:	6:04.21	39.58
Minimes											
1.	FRANCOIS Mathias		03	ENW			<b>5:16.24</b>				458
	50m:	34.38 34.38	150m:	1:54.71	41.27	250m:	3:20.34	44.81	350m:	4:41.80	35.12
	100m:	1:13.44 39.06	200m:	2:35.53	40.82	300m:	4:06.68	46.34	400m:	5:16.24	34.44
2.	COHNEN Levy		03	Schwimmschule St. Vith			<b>5:27.88</b>				411
	50m:	35.68 35.68	150m:	1:59.33	42.36	250m:	3:26.94	44.15	350m:	4:50.62	37.45
	100m:	1:16.97 41.29	200m:	2:42.79	43.46	300m:	4:13.17	46.23	400m:	5:27.88	37.26
3.	MORREALE Matheo		03	ESN			<b>5:42.08</b>				362
	50m:	34.89 34.89	150m:	1:59.97	46.27	250m:	3:34.54	49.30	350m:	5:04.35	38.41
	100m:	1:13.70 38.81	200m:	2:45.24	45.27	300m:	4:25.94	51.40	400m:	5:42.08	37.73
4.	LEROY Guillaume		03	NOC			<b>5:43.16</b>				358
	50m:	33.62 33.62	150m:	1:58.83	45.38	250m:	3:31.44	47.98	350m:	5:02.68	40.68
	100m:	1:13.45 39.83	200m:	2:43.46	44.63	300m:	4:22.00	50.56	400m:	5:43.16	40.48
Cadets											
1.	MULDER Anaël		02	Natation Club Athus			<b>5:39.21</b>				371
	50m:	34.32 34.32	150m:	2:01.27	45.38	250m:	3:34.32	50.68	350m:	5:03.34	37.72
	100m:	1:15.89 41.57	200m:	2:43.64	42.37	300m:	4:25.62	51.30	400m:	5:39.21	35.87
2.	PIERRET noah		02	CNB			<b>6:29.49</b>				245 *
	50m:	38.54 38.54	150m:	2:15.20	50.12	250m:	3:59.24	56.55	350m:	5:44.25	46.45
	100m:	1:25.08 46.54	200m:	3:02.69	47.49	300m:	4:57.80	58.56	400m:	6:29.49	45.24

**Championnats de District 2017  
Seraing, 25- - 26-11-2017****Epreuve 4, Messieurs, 400m 4 nages****Cadets**

1. DEFRAINE Quentin	01	ESN						<b>5:18.43</b>	449
50m: 33.26 33.26	150m: 1:50.72	40.97	250m: 3:19.07	48.24	350m: 4:43.99	36.59			
100m: 1:09.75 36.49	200m: 2:30.83	40.11	300m: 4:07.40	48.33	400m: 5:18.43	34.44			
2. HENDRICK Sébastien	01	PERRON						<b>5:48.42</b>	342
50m: 32.88 32.88	150m: 1:59.16	45.50	250m: 3:38.01	53.88	350m: 5:09.54	38.51			
100m: 1:13.66 40.78	200m: 2:44.13	44.97	300m: 4:31.03	53.02	400m: 5:48.42	38.88			

**Juniors**

1. COLLINET Germain	00	CNA						<b>5:23.63</b>	427
50m: 33.58 33.58	150m: 1:53.77	42.35	250m: 3:21.12	44.74	350m: 4:46.87	38.85			
100m: 1:11.42 37.84	200m: 2:36.38	42.61	300m: 4:08.02	46.90	400m: 5:23.63	36.76			

**19 ans et plus**

1. FRIPPIAT Florian	98	Natation Club Athus						<b>4:46.74</b>	614
50m: 27.85 27.85	150m: 1:38.55	35.97	250m: 2:58.16	42.81	350m: 4:14.00	34.12			
100m: 1:02.58 34.73	200m: 2:15.35	36.80	300m: 3:39.88	41.72	400m: 4:46.74	32.74			