

Championnats de District 2017  
Seraing, 25- - 26-11-2017Epreuve 36  
26-11-17 - 15:35

Messieurs, 400m Libre

11 ans et plus  
Liste résultats

11 ans Ben: 5:58.94 / 12 ans Ben: 5:38.24 / 13 ans Min: 5:24.82 / 14 ans Min: 5:14.88 / 15 ans Cad: 5:09.10 / 16 ans Cad: 5:04.83 / Jun: 4:56.31; 19 +: 4:38.31

Points: FINA 2014

Rang			AN						Temps	Pts
Benjamins										
1.	COURTOIS Maxime		06	LGN					<b>5:11.92</b>	351
	50m:	35.57 35.57	150m:	1:55.35 39.78	250m:	3:14.74 39.88	350m:	4:34.22 39.09		
	100m:	1:15.57 40.00	200m:	2:34.86 39.51	300m:	3:55.13 40.39	400m:	5:11.92 37.70		
2.	RIHON Bastien		06	CNHUY					<b>5:35.49</b>	282
	50m:	36.57 36.57	150m:	2:00.84 42.50	250m:	3:27.10 43.23	350m:	4:53.36 42.63		
	100m:	1:18.34 41.77	200m:	2:43.87 43.03	300m:	4:10.73 43.63	400m:	5:35.49 42.13		
3.	BOUZIDI Sofien		06	ESN					<b>5:36.74</b>	279
	50m:	40.06 40.06	150m:	2:05.47 43.24	250m:	3:31.25 43.13	350m:	4:56.07 42.61		
	100m:	1:22.23 42.17	200m:	2:48.12 42.65	300m:	4:13.46 42.21	400m:	5:36.74 40.67		
4.	MARIE Tom		06	CNHUY					<b>5:39.53</b>	272
	50m:	36.76 36.76	150m:	2:02.14 43.11	250m:	3:30.49 43.72	350m:	4:58.68 43.70		
	100m:	1:19.03 42.27	200m:	2:46.77 44.63	300m:	4:14.98 44.49	400m:	5:39.53 40.85		
5.	CRAPANZANO Théo		06	ESN					<b>5:45.63</b>	258
	50m:	39.17 39.17	150m:	2:08.88 45.27	250m:	3:37.74 44.66	350m:	5:07.38 44.54		
	100m:	1:23.61 44.44	200m:	2:53.08 44.20	300m:	4:22.84 45.10	400m:	5:45.63 38.25		
6.	DOYEN Noé		06	STD					<b>5:49.80</b>	249
	50m:	38.92 38.92	150m:	2:08.77 45.29	250m:	3:38.81 44.79	350m:	5:08.79 44.64		
	100m:	1:23.48 44.56	200m:	2:54.02 45.25	300m:	4:24.15 45.34	400m:	5:49.80 41.01		
7.	GREGOIRE Corentin		06	ESN					<b>5:57.42</b>	233
	50m:	38.96 38.96	150m:	2:10.54 46.17	250m:	3:42.91 46.44	350m:	5:14.81 46.23		
	100m:	1:24.37 45.41	200m:	2:56.47 45.93	300m:	4:28.58 45.67	400m:	5:57.42 42.61		
Benjamins										
1.	COURBOIS Thomas		05	ENW					<b>4:39.35</b>	488
	50m:	32.40 32.40	150m:	1:43.10 35.51	250m:	2:54.18 35.67	350m:	4:04.91 35.02		
	100m:	1:07.59 35.19	200m:	2:18.51 35.41	300m:	3:29.89 35.71	400m:	4:39.35 34.44		
2.	MOENS Julien		05	Svde					<b>4:53.47</b>	421
	50m:	33.23 33.23	150m:	1:46.30 37.05	250m:	3:02.59 38.49	350m:	4:19.16 38.07		
	100m:	1:09.25 36.02	200m:	2:24.10 37.80	300m:	3:41.09 38.50	400m:	4:53.47 34.31		
3.	LOURTIE Nicolas		05	PERRON					<b>5:31.20</b>	293
	50m:	37.38 37.38	150m:	2:01.51 42.12	250m:	3:26.51 42.69	350m:	4:51.48 42.71		
	100m:	1:19.39 42.01	200m:	2:43.82 42.31	300m:	4:08.77 42.26	400m:	5:31.20 39.72		
Minimes										
1.	DANTHINE Zacharie		04	CNA					<b>4:38.44</b>	493
	50m:	31.90 31.90	150m:	1:42.48 35.51	250m:	2:53.74 35.57	350m:	4:05.04 35.50		
	100m:	1:06.97 35.07	200m:	2:18.17 35.69	300m:	3:29.54 35.80	400m:	4:38.44 33.40		
2.	SAIVE Antoine		04	ESN					<b>5:09.91</b>	358
	50m:	35.64 35.64	150m:	1:53.47 39.83	250m:	3:11.99 39.44	350m:	4:31.20 39.30		
	100m:	1:13.64 38.00	200m:	2:32.55 39.08	300m:	3:51.90 39.91	400m:	5:09.91 38.71		
3.	DUBRU Cyprien		04	CNB					<b>5:17.48</b>	333
	50m:	35.94 35.94	150m:	1:56.83 40.42	250m:	3:18.16 40.80	350m:	4:37.95 39.46		
	100m:	1:16.41 40.47	200m:	2:37.36 40.53	300m:	3:58.49 40.33	400m:	5:17.48 39.53		

Championnats de District 2017  
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## Epreuve 36, Garçons, 400m Libre, Minimes

Rang			AN						Temps	Pts
4.	<b>BODSON Simon</b>		<b>04</b>	<b>ESN</b>					<b>5:30.40</b>	295 *
	50m:	36.74 36.74	150m:	1:58.35 41.50	250m:	3:23.01 42.47	350m:	4:48.75 43.03		
	100m:	1:16.85 40.11	200m:	2:40.54 42.19	300m:	4:05.72 42.71	400m:	5:30.40 41.65		

## Minimes

1.	<b>SOGOMONIAN Eric</b>		<b>03</b>	<b>Mosan</b>					<b>4:34.62</b>	514
	50m:	31.37 31.37	150m:	1:40.46 34.72	250m:	2:50.70 35.22	350m:	4:01.27 35.05		
	100m:	1:05.74 34.37	200m:	2:15.48 35.02	300m:	3:26.22 35.52	400m:	4:34.62 33.35		
2.	<b>FRANCOIS Mathias</b>		<b>03</b>	<b>ENW</b>					<b>4:38.33</b>	494
	50m:	32.36 32.36	150m:	1:42.34 35.15	250m:	2:53.17 35.23	350m:	4:04.76 35.54		
	100m:	1:07.19 34.83	200m:	2:17.94 35.60	300m:	3:29.22 36.05	400m:	4:38.33 33.57		
3.	<b>GILLARD Remi</b>		<b>03</b>	<b>CNA</b>					<b>4:54.61</b>	416
	50m:	33.19 33.19	150m:	1:47.69 37.92	250m:	3:03.64 37.70	350m:	4:19.40 37.57		
	100m:	1:09.77 36.58	200m:	2:25.94 38.25	300m:	3:41.83 38.19	400m:	4:54.61 35.21		
4.	<b>GARRAUX Alois</b>		<b>03</b>	<b>ESN</b>					<b>4:56.39</b>	409
	50m:	33.42 33.42	150m:	1:49.56 38.54	250m:	3:05.69 38.42	350m:	4:20.76 37.50		
	100m:	1:11.02 37.60	200m:	2:27.27 37.71	300m:	3:43.26 37.57	400m:	4:56.39 35.63		
5.	<b>OFFERMANN Marius</b>		<b>03</b>	<b>Club de natation de Spa</b>					<b>5:01.90</b>	387
	50m:	34.45 34.45	150m:	1:51.67 38.59	250m:	3:09.87 39.55	350m:	4:27.26 38.89		
	100m:	1:13.08 38.63	200m:	2:30.32 38.65	300m:	3:48.37 38.50	400m:	5:01.90 34.64		

## Cadets

1.	<b>DENGIS Bastien</b>		<b>02</b>	<b>Mosan</b>					<b>4:25.81</b>	567
	50m:	29.85 29.85	150m:	1:34.47 32.52	250m:	2:42.01 34.30	350m:	3:52.04 34.98		
	100m:	1:01.95 32.10	200m:	2:07.71 33.24	300m:	3:17.06 35.05	400m:	4:25.81 33.77		
2.	<b>LIESSE Simon</b>		<b>02</b>	<b>CNB</b>					<b>4:50.24</b>	435
	50m:	32.57 32.57	150m:	1:45.75 37.04	250m:	3:00.00 36.58	350m:	4:14.31 36.96		
	100m:	1:08.71 36.14	200m:	2:23.42 37.67	300m:	3:37.35 37.35	400m:	4:50.24 35.93		
3.	<b>MASSIGNAN Ilias</b>		<b>02</b>	<b>PERRON</b>					<b>4:58.35</b>	401
	50m:	34.31 34.31	150m:	1:49.87 37.99	250m:	3:06.52 37.95	350m:	4:22.02 37.77		
	100m:	1:11.88 37.57	200m:	2:28.57 38.70	300m:	3:44.25 37.73	400m:	4:58.35 36.33		
4.	<b>PIERRET noah</b>		<b>02</b>	<b>CNB</b>					<b>5:31.87</b>	291 *
	50m:	35.05 35.05	150m:	1:56.09 41.43	250m:	3:21.08 42.52	350m:	4:48.30 43.14		
	100m:	1:14.66 39.61	200m:	2:38.56 42.47	300m:	4:05.16 44.08	400m:	5:31.87 43.57		

## Cadets

1.	<b>HÉRION Martin</b>		<b>01</b>	<b>Mosan</b>					<b>4:30.28</b>	539
	50m:	29.80 29.80	150m:	1:37.26 33.91	250m:	2:45.90 34.07	350m:	3:56.04 35.31		
	100m:	1:03.35 33.55	200m:	2:11.83 34.57	300m:	3:20.73 34.83	400m:	4:30.28 34.24		
2.	<b>COLLIN Nathan</b>		<b>01</b>	<b>NCH</b>					<b>4:39.97</b>	485
	50m:	30.28 30.28	150m:	1:39.56 35.23	250m:	2:51.16 35.95	350m:	4:04.01 36.19		
	100m:	1:04.33 34.05	200m:	2:15.21 35.65	300m:	3:27.82 36.66	400m:	4:39.97 35.96		

## Juniors

1.	<b>BISENIUS Rayan</b>		<b>00</b>	<b>ENW</b>					<b>4:11.67</b>	668
	50m:	28.72 28.72	150m:	1:32.91 32.50	250m:	2:38.19 32.71	350m:	3:41.19 31.00		
	100m:	1:00.41 31.69	200m:	2:05.48 32.57	300m:	3:10.19 32.00	400m:	4:11.67 30.48		



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Seraing, 25- - 26-11-2017

Epreuve 36, Garçons, 400m Libre, Juniors

Rang			AN						Temps	Pts
2.	CHEVALIER Benoit		00		PERRON				<b>4:34.96</b>	512
	50m:	30.34 30.34	150m:	1:38.81 34.90	250m:	2:50.48 36.01	350m:	4:02.48 35.75		
	100m:	1:03.91 33.57	200m:	2:14.47 35.66	300m:	3:26.73 36.25	400m:	4:34.96 32.48		
3.	COLLINET Germain		00		CNA				<b>4:39.23</b>	489
	50m:	30.04 30.04	150m:	1:39.65 35.42	250m:	2:51.70 35.86	350m:	4:04.81 36.60		
	100m:	1:04.23 34.19	200m:	2:15.84 36.19	300m:	3:28.21 36.51	400m:	4:39.23 34.42		
4.	CHANTRAINE Owen		00		PERRON				<b>4:59.09</b>	398 *
	50m:	33.15 33.15	150m:	1:49.56 38.62	250m:	3:06.85 38.78	350m:	4:24.35 38.60		
	100m:	1:10.94 37.79	200m:	2:28.07 38.51	300m:	3:45.75 38.90	400m:	4:59.09 34.74		